



**Kellogg College**  
University of Oxford

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## Green Guide 2020

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## Sustainability at Kellogg College

Welcome to Kellogg College, we take sustainability very seriously and there are many opportunities for students to get involved! The College is acting against global warming and climate change, as well as facilitating behavioural change among staff, students, fellows and other members of the College.

### Sustainability at Kellogg in a glance:



Kellogg College runs a successful Green Impact Team and we are proud to say we achieved a NUS Green Impact Bronze Award in 2018 and Gold Awards in 2019 and 2020. Green Impact is a national scheme which aims to promote sustainability through physical changes, but also cognitive and behavioural means. The College Green Impact team became the first team in 2019 to integrate staff, fellows and students. The team aims to consistently reach the standards to renew our Gold Award every year and lead Environmental Sustainability initiatives all around the University of Oxford.



Our Hub (opposite) is the University of Oxford's first Passivhaus certified building. Passivhaus buildings use very little energy for heating and cooling. The majority of the packaging used in the Hub Café is compostable; the tea served is Rainforest Alliance approved; the coffee is from a local supplier who supports small farms in developing countries; and food waste is recycled through a council scheme, along with waste from the main kitchen.



The Hub Café also offers Fairtrade food and drink products, with more on offer during 'Fairtrade Fortnight'. Fairtrade raises awareness for, and supports, decent working conditions and fairer deals for farmers and workers in developing countries.



We have many biodiversity initiatives and projects underway at the College, including our 'Bee Hotel', a small bat colony in our bat box and hedgehog igloos.



Kellogg College accommodation has in place 'shower timers' – these help to reduce water wastage and energy by giving a timer prompt to your shower length.



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The kitchen staff cater for all lunches, dinners and events held in College. We offer a large selection of vegetarian and vegan options on our menus, as well as special dishes at our formal dinners.



We finished in second place in the last [www.veggienorringontable.com](http://www.veggienorringontable.com) and our Head Chef, Jonathan Wilmot, will always welcome your feedback.

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## Sustainability initiatives around Kellogg College – get involved!

Support our sustainability best-practice

- We have a plastic-free initiative across the College – this involves abandoning single-plastics. Covid-19 has brought constraints but please support this initiative where you can by purchasing a re-usable cup/bottle.
- Our Sustainability Fellow, Sandie Byrne, attends a number of college committees and the Governing Body to promote and safeguard our environmental interests.



Look out for events!

- Kellogg College has passionate students committed to promoting sustainability around campus and engaging the rest of the student body in initiatives, projects and events. Kellogg College has an elected student MCR representative (MCR Green Officer) responsible for sustainability across the College, as well as two student Environmental Ambassadors. There are a number of sustainability-initiatives held throughout the year – in previous years this has included a 'sustainable Christmas' and 'Give up plastic for Lent' campaign. Keep an eye out for these fantastic opportunities to get involved and have fun!
- Due to Covid-19, events in College are likely to be run differently in the 2020–21 academic year, in line with current government restrictions and to ensure the safety of all College members.

Join the Green Impact Team!

- If you want to join the Green Impact team, or attend meetings, contact Rodrigo Hernandez at: [rodrigo.hernandez@kellogg.ox.ac.uk](mailto:rodrigo.hernandez@kellogg.ox.ac.uk) or talk to the current MCR Green Officer.

## Shop sustainably in Oxford:

Oxford is a green city, and by making the right choices, one can have a sustainable lifestyle. The suggestions below<sup>1</sup> aim to help those who seek more environmentally friendly options, from food shopping to weekend activities. For any situation, there is a way to reduce your carbon footprint! Due to Coronavirus, some of the places listed below may be operating differently.

Box-schemes in Oxford: 

<b>Veg in Clover Organic box</b>  Scheme based at Sandy Lane Farm where a large selection of vegetables is grown. Additional veg sourced from local farms and wholesalers. Deliveries in most parts of Oxford are made by pedal van.  01865 427359 / 07931109623 <a href="http://www.vegincllover.co.uk">www.vegincllover.co.uk</a> Sandy Lane, Tiddington, Oxon OX9 2LA 11 miles from Oxford City <a href="mailto:Centrevegincllover@hotmail.com">Centrevegincllover@hotmail.com</a>	<b>OxCo-op</b>  A student volunteer-run co-op making environmentally and socially sustainable food more affordable and accessible to Oxford's student population. Place your veg box order on a Sunday evening and collect it from the pop-up shop (which also sells larger provisions) on the 1st floor of the TSK on Friday afternoon (during term time). Friday 3.30pm — 5.30pm  Oxford Hub, Turl St Kitchen, OX1 3DH Oxford City Centre <a href="mailto:oxfordfoodcoop@gmail.com">oxfordfoodcoop@gmail.com</a>	<b>The Old Farm Shop</b>  Farm box scheme supplying its own seasonal fruit, vegetables and eggs. Extras such as meat, cheese and bread can also be added.  01235 831247 <a href="http://www.theoldfarmshop.co.uk">www.theoldfarmshop.co.uk</a> Harwell, Abingdon, Oxon OX14 4DP 15 miles from Oxford City Centre <a href="mailto:theoldfarmshop@aol.com">theoldfarmshop@aol.com</a>
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<sup>1</sup> Sources of information: P. Thoroddsen and D. Jensen, *Living Sustainably in Oxford* and B. Vanheems, *Act Global Eat Local* (2016).

<b>Tolhurst Organic</b>  Organic vegetables produced without the use of animal by-products such as manure. The farm boasts an exceptionally low carbon footprint. Veg stall open 9am — 9pm in Summer.  <a href="http://www.tolhurstorganic.co.uk">www.tolhurstorganic.co.uk</a> West Lodge, Hardwick, Whitchurch on Thames, Pangbourne, Reading RG8 7RA 24 miles from Oxford City Centre info@tolhurstorganic.co.uk	<b>North Aston Organics</b>  Established organic vegetable growers, growing over 70% of the produce that goes into their Soil Association (SA) certified veg boxes with some veg being harvested on day of delivery. SA certified organic fruit and local eggs also available. Wide coverage of Oxford with local collection points & doorstep bicycle delivery service (Pedal & Post).  01869 347702 <a href="http://www.northastonorganics.co.uk">www.northastonorganics.co.uk</a> The Bakery Office, Somerton Road, North Aston, Oxon OX25 6HX 16 miles from Oxford City Centre northastonorganics@gmail.com	<b>Westmill Organics</b>  Freshly picked organic produce delivered weekly to your door. Flexible ordering, including the addition of local organic eggs and bread.  07821 403739 <a href="http://www.foodboxes.org/suppliers/westmill-organics">www.foodboxes.org/suppliers/westmill-organics</a> 1 Westmill Cottages, Watchfield, Swindon SN6 8TH 25 miles from Oxford City Centre info@westmillorganics.co.uk
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## Farmers' Markets:

<b>Oxford Farmers' Market at Gloucester Green</b>  1st Thursday of the month, 9am — 2pm 3rd Thursday of the month, 9am — 3pm A farmers' market in the heart of Oxford, running alongside the weekly antiques and craft market. All produce grown within 30 miles of Oxford.  Gloucester Green, George Street Oxford OX1 2BU Oxford City Centre	<b>Oxford Farmers' and Community Market</b>  Every Saturday, 10am — 1pm Community-run, friendly market selling staples from sources within 30 miles of Oxford, plus a range of other products such as jewellery, clothing and second-hand books.  <a href="http://www.eastoxfordmarket.org.uk">www.eastoxfordmarket.org.uk</a> East Oxford Primary School, behind Union Street, off Cowley Road, Oxford OX4 1JP 2 miles from Oxford City Centre eastoxfordmarket@gmail.com	<b>North Parade Market</b>  Every 2nd & 4th Saturday, 10am — 2pm Street market with an emphasis on locally produced, artisan foods.  <a href="http://www.northparademarket.com">www.northparademarket.com</a> Church Walk and North Parade Avenue, Oxford OX2 6LX Next to Kellogg College office@northparademarket.com
<b>Summertown Farmers' Market</b>  Every Sunday, 10am — 2pm Stalls selling local produce.  07413 662838 <a href="https://www.facebook.com/summertown.farmersmarket/">www.facebook.com/summertown.farmersmarket/</a> Banbury Road, Summertown, Oxford OX2 7DE 1 mile from Kellogg College	<b>Talking Shop</b>  Every Saturday, 9am — 12noon Talking Shop is a local group of volunteers working to provide opportunities for the community to get together and to bring valuable resources back to the village. The Saturday market sells a delicious range of local produce, with a café.  The Village Hall, Henley Rd, Sandford-on-Thames, Oxon, OX4 4YN 4 miles from Oxford City Centre contacts.talkingshop@gmail.com	<b>South Oxford Farmers' and Community Market</b>  Every Sunday, 9.30am — 12noon Weekly market selling ethically produced, local (within 30 miles) seasonal and/or organic food and non-food goods.  <a href="http://www.southoxfordfarmersmarket.org.uk">www.southoxfordfarmersmarket.org.uk</a> South Oxford Community Centre, Lake Street, Oxford OX1 4RP 3 miles from Oxford City Centre southoxfordfarmersmarket@gmail.com
<b>Wolvercote Farmers' Market</b>  Every Sunday, 10am — 1pm Oxford's longest-running farmers' market providing locally-produced food. Regular bike repair clinic.  Wolvercote Primary School, First Turn, Wolvercote, Oxford OX2 8AQ 3 miles from Oxford City Centre wolvercotefarmersmarket@gmail.com	<b>Cultivate Veg Van</b>  Buy from the Cultivate VegVan: Thu: East Oxford 3pm - 8pm Fri: Jericho 12noon — 6pm Sat: Headington 9.30am — 3pm Sun: Summertown 10am — 2.30pm Every 2nd & 4th Saturday at North Parade Avenue 10am — 2.30pm and also at some farmers' markets. Local food cooperative bringing fresh, local, sustainably-grown fruit and veg direct from producers to you.  Locations across Oxford info@cultivateoxford.org	<b>Headington Farmers' Market</b>  Every Saturday, 10am — 2.30pm Market organised by Headington Action, which uses the stall fees for community activities.  07413 662 838 Top of New High Street (by Headington Shark), Headington, Oxford OX3 9AJ 3 miles from Oxford City Centre

## Refill shops:

<b>SESI Pop-Up Shop:</b>  Every Saturday from 10am—1pm at East Oxford Farmers' and Community Market (see above).  Refill a wide range of organic, fair-trade, and local food, and supply detergent refills	<b>Flo's Refill Shop:</b>  <a href="http://www.flosoxford.org.uk/flos-refill-shop">www.flosoxford.org.uk/flos-refill-shop</a> Every Saturday and Wednesday from 12.30pm—5pm at Flo's The Place in the Park, Rymers Lane.  Refill staple food items, detergents, and environmentally sound baby products.	<b>Waitrose &amp; Partners Unpacked:</b>  <a href="http://www.waitrose.com/ecom/shop/featured/groceries/unpacked">www.waitrose.com/ecom/shop/featured/groceries/unpacked</a> Every Monday-Saturday from 8am-9pm and Sunday from 10am—4pm on 110—120 Botley Rd.  Refill staple food items, detergents, coffee, wine and beer, or borrow a box from them.	<b>Wild Honey:</b>  <a href="http://www.wildhoneylove.com">www.wildhoneylove.com</a> 12 South Parade: Monday—Friday: 9am—6.30pm, Saturday: 9am—6pm, Sunday: 10am—5pm Refill a wide range of soaps, shower gel, shampoos, softeners and detergent. Bring your own container.
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## Reducing food waste:

<b>The OLIO App:</b>  <a href="http://olioex.com/food-waste-in/united-kingdom/oxford">olioex.com/food-waste-in/united-kingdom/oxford</a> Connects neighbours with each other and with local businesses so surplus food can be shared, not thrown away.	<b>Project SOUP:</b>  They hold one event per Oxford term, where they serve soups, made from surplus ingredients donated by the Oxford Food Bank, while 3—4 local social action groups/charities speak about their work to win your vote. The winner at each event then receives all the door money and extra donations.	<b>The Oxford Food Surplus Café:</b>  <a href="http://www.facebook.com/oxfordfoodsurpluscafe">www.facebook.com/oxfordfoodsurpluscafe</a> Transforms surplus food into delicious healthy meals accessible to all, where customers are able to contribute either what they can afford or what they think the food, space, and idea is worth.	<b>Too Good To Go App:</b>  <a href="http://toogoodtogo.co.uk/en-gb">toogoodtogo.co.uk/en-gb</a> Connects businesses who have surplus food with members of the public who want to rescue this food at a discount or retail price and collect it from the stores
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## Ethical and sustainable shopping in Oxford:

<b>Water refill: Refill Oxford:</b>  Refill points have been placed all over Oxford, making refilling your water bottles easy and convenient.  You can find your nearest refill point by using the Refill app: <a href="http://refill.org.uk/get-the-refill-app">refill.org.uk/get-the-refill-app</a>	<b>Laundry and dry cleaning: OXWASH:</b>  <a href="http://www.oxwash.com">www.oxwash.com</a> Eco laundry, ironing, linen and dry cleaning, that doesn't cost the earth.	<b>Ethical &amp; sustainable produce shops:</b>  2 North Parade Produce Store: <a href="http://www.2northparade.com">www.2northparade.com</a> Every Tuesday—Saturday from 8.30am—5pm and Sunday from 10am—1pm on 2 North Parade Avenue.
<b>Ethical and sustainable produce shop</b>  Wild Honey – Oxford's Organic Health Store: <a href="http://www.wildhoneylove.com">www.wildhoneylove.com</a>  111 Magdalen Rd. Store: Monday—Friday: 9am—7pm, Saturday: 9am—6pm, Sunday: 10am-5pm. 12 South Parade Store: Monday—Friday: 9am—6.30pm, Saturday: 9am—6pm, Sunday: 10am—5pm	<b>SHARE Oxford – A Library of Things:</b>  <a href="http://shareoxford.org">shareoxford.org</a> Enables people to borrow items that are only occasionally needed, such as DIY tools, outdoors and sports equipment, domestic and cooking equipment, etc	<b>REPAIR CAFÉ:</b>  <a href="http://shareoxford.org/repair-cafe">shareoxford.org/repair-cafe</a> Got an item that needs fixing? SHARE Oxford organizes free Repair Cafés on every first Sunday of every other month between 2pm—5pm at Makespace Oxford, 1 Aristotle Ln
<b>Charity Shops</b>  Second-hand shops whose profits go directly to charity  Various locations: <a href="http://www.dailyinfo.co.uk/oxford/guide/shopping/charity-vintage">www.dailyinfo.co.uk/oxford/guide/shopping/charity-vintage</a>	<b>Facebook Group Swap Shop</b>  Group of Facebook on which students of Oxford University advertise items they wish to sell  <a href="http://www.facebook.com/groups/1620358991582177/">www.facebook.com/groups/1620358991582177/</a>	<b>Fairtrade St Michael's Fairtrade shop</b>  Ideal for gifts, decorations, household items, and food  Cornmarket Street, OX1 3EY <a href="http://www.fairtradeatstmichaels.co.uk">www.fairtradeatstmichaels.co.uk</a>



## Restaurants with good vegetarian/vegan options:



<p>Happy Friday Kitchen</p> <p><a href="http://www.happyfridaykitchen.co.uk">www.happyfridaykitchen.co.uk</a></p> <p>(all vegan, 282 Cowley Rd.)</p>	<p>The Coconut Tree</p> <p><a href="http://www.thecoconut-tree.com/oxford-menu">www.thecoconut-tree.com/oxford-menu</a></p> <p>(vegan options, 76 St. Clement's St.)</p>	<p>The Gardener's Arms</p> <p><a href="http://www.thegardenersarms.com">www.thegardenersarms.com</a></p> <p>(all vegetarian, 39 Plantation Rd.)</p>
<p>Banana Tree</p> <p><a href="http://bananatree.co.uk/our-food">bananatree.co.uk/our-food</a></p> <p>(vegan menu, 63 George St.)</p>	<p>Skogen Kitchen</p> <p><a href="http://skogen.kitchen">skogen.kitchen</a></p> <p>(vegan options, 2 King Edward St.)</p>	<p>The Handle Bar</p> <p><a href="http://www.handlebaroxford.co.uk">www.handlebaroxford.co.uk</a></p> <p>(vegan options, 28-32 St. Michael's St.)</p>
<p>Common Ground Café and Shared Workspace</p> <p><a href="http://www.commongroundstudy.space">www.commongroundstudy.space</a></p> <p>(vegan options, 37 Little Clarendon St.)</p>	<p>The Chester Arms</p> <p><a href="http://www.thechesterarmsoxford.co.uk">www.thechesterarmsoxford.co.uk</a></p> <p>(vegan options, 19 Chester St.)</p>	<p>Organic Deli Cafe &amp; Whole Foods</p> <p><a href="http://www.organicwholefoods.co.uk">www.organicwholefoods.co.uk</a></p> <p>(vegan options, 24 Friars Entry)</p>

## Green spaces to visit in Oxford (free access with your University Card):

<p><b>Botanic Garden</b></p> <p>The oldest botanic garden in Great Britain and one of the oldest scientific gardens in the world.</p> <p>Rose Lane/High Street</p> <p><a href="http://www.obga.ox.ac.uk/guide-garden">www.obga.ox.ac.uk/guide-garden</a></p>	<p><b>Arboretum</b></p> <p>The grounds include a 10-acre typical English woodland and a 37-acre summer flowering meadow.</p> <p>Six miles (10 km) south of Oxford, near the village of Nuneham Courtenay</p> <p><a href="http://www.obga.ox.ac.uk/arboretum-guide">www.obga.ox.ac.uk/arboretum-guide</a></p>	<p><b>Wytham Woods</b></p> <p>An ancient semi-natural woodland. Its 1000 acres are a designated Site of Special Scientific Interest, exceptionally rich in flora and fauna.</p> <p>Wytham, OX2 8QQ, north of Oxford</p> <p>First apply for a free walking permit: <a href="http://www.wythamwoods.ox.ac.uk/permit">www.wythamwoods.ox.ac.uk/permit</a></p>
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## Parks within walking distance of the city centre:

<p><b>University Parks</b></p> <p>Conveniently located, is a green oasis with something to please everyone.</p> <p>South Parks Road</p> <p><a href="http://www.parks.ox.ac.uk/visit-the-parks">www.parks.ox.ac.uk/visit-the-parks</a></p>	<p><b>South Parks</b></p> <p>South Park occupies 50 acres of open space, with magnificent views overlooking Oxford.</p> <p>Headington Road (multiple entrances)</p> <p><a href="http://www.oxford.gov.uk/directory_record/358/south_park">www.oxford.gov.uk/directory_record/358/south_park</a></p>	<p><b>Port Meadow</b></p> <p>This large meadow is an ancient area of grazing land, still used for horses and cattle.</p> <p>North and west of Oxford</p> <p><a href="http://www.oxford.gov.uk/info/20003/parks_and_open_spaces/823/port_meadow">www.oxford.gov.uk/info/20003/parks_and_open_spaces/823/port_meadow</a></p>
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## Green spaces to visit on a day trip:

<b>Stratford Butterfly Farm</b>  A tropical butterfly paradise in William Shakespeare's town.  Tramway Walk, Stratford-upon-Avon  <a href="http://www.butterflyfarm.co.uk/attraction/plan-your-visit">www.butterflyfarm.co.uk/attraction/plan-your-visit</a>	<b>Kew Gardens</b>  The largest and most diverse botanical and mycological collections in the world.  Richmond, London, Victoria Gate (TW9 3JR)  <a href="http://www.kew.org/kew-gardens">www.kew.org/kew-gardens</a>	<b>Cotswolds</b>  Third largest protected landscape in England and the largest Area of Outstanding Natural Beauty.  Thirty miles (50 km) northwest of Oxford. Multiple locations.  <a href="http://www.cotswoldsaoNB.org.uk/visiting-and-exploring/">www.cotswoldsaoNB.org.uk/visiting-and-exploring/</a>
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## University-wide sustainability:

There are many university-wide opportunities to get involved in sustainability, for example:

### Environmental Auditing:



- The University of Oxford with SOS-UK are providing the opportunity for students to be trained in environmental auditing for Green Impact. Contact [sustainability@admin.ox.ac.uk](mailto:sustainability@admin.ox.ac.uk) for more information!

### Cycling:



- To help you get around Oxford as a cyclist, the University has partnered with 'Cyclox' which provides a number of useful on-road and traffic free cycle routes in Oxford. Visit [Cyclox.org](http://Cyclox.org).
- Get involved in the University-wide sustainable transport campaign – *Love To Ride*. There is a University-wide cycling competition throughout September 'Cycle September' where students can track their journeys and compete with other Universities across the UK. Find out more at [www.Lovetoride.net/uk](http://www.Lovetoride.net/uk)

### Energy:



- Oxford University is involved in the Student Switch Off (SSO), a sustainability campaign and competition run in the colleges at the University. The campaign supports and encourages students living in colleges to save energy and water, as well as reuse and recycle.

### Sustainable Food:



- Take the University-wide 'Veggie Pledge', a Student Union run project in November which encourages students to try Vegetarian and Vegan foods by competing a competition between colleges to sign up the most people
- The University also has an 'Incredible Edible' garden in partnership with the Student Union. These gardens are run by students and grow produce for sharing.

## Sustainability related groups and societies:

- Oxford VegSoc:
  - [universityofoxford.wixsite.com/oxfordvegsoc](https://universityofoxford.wixsite.com/oxfordvegsoc) They welcome the whole student community to join them for socials, food, talks, films, and activism.
- Abundance Oxford:
  - [www.facebook.com/groups/abundanceoxford](https://www.facebook.com/groups/abundanceoxford) A not-for-profit community harvesting, redistributing, and preserving collective.
- Oxford Waste Society:
  - [www.facebook.com/OxfordWasteSoc](https://www.facebook.com/OxfordWasteSoc) A University of Oxford student initiative that aims to inspire interest and action towards tackling the physical waste our global population produces
- Climate Society, Oxford:
  - [www.oxfordclimatesociety.com](https://www.oxfordclimatesociety.com) Developing the next generation of informed climate leaders, thinkers, movers and shakers.
- Energy Society, Oxford:
  - [en-gb.facebook.com/OxfordEnergySoc](https://en-gb.facebook.com/OxfordEnergySoc) A vibrant student-run society which primarily acts to organise events relevant to the matters surrounding energy and climate change.
- Nature Conservation Society, Oxford:
  - [ouncs.org](https://ouncs.org) A student-run society offering talks, screenings and outdoor events on a wide range of current and contentious conservation issues, given by distinguished speakers from the University of Oxford and beyond.
- Extinction Rebellion Oxford:
  - Non-violent direct-action movement, demanding urgent action in the face of the climate emergency—Oxford branch [www.xroxford.org](https://www.xroxford.org)

### Who should I contact for more information?

Sandie Byrne, Sustainability Fellow, at [sandie.byrne@kellogg.ox.ac.uk](mailto:sandie.byrne@kellogg.ox.ac.uk)

MCR Green Officer

Rodrigo Hernandez, Academic Office assistant, at [rodrigo.hernandez@kellogg.ox.ac.uk](mailto:rodrigo.hernandez@kellogg.ox.ac.uk)